

# Judo Joint Workout

**When:** Sunday, February 5th, 1PM - 3PM

**Where:** [Carlson Gracie Northern Kentucky](#)

818 Monmouth St  
Newport, KY 41071



**Cost:** Free

## All ranks & ages welcome!



All participants **MUST** sign the waiver  
before participating

(<https://www.carlsongracienky.com/waiver-heights>)

Please bring a water bottle - we have a filtered water station but no drinking fountain.

Questions? Contact Andy Bosiljevac  
(859)-414-6701 or [carlsongracienky@gmail.com](mailto:carlsongracienky@gmail.com)